Making time to do schoolwork, exercise and socialize with friends in addition to treatments



Following a CF-friendly diet

Following infection control standards

Answering questions from others about CF

My child always does this on his/her own

1.

2.

3.

4.

5.

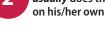
6.

7.

8.

9.

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Finding someone to talk to when they feel anxious or sad

Getting to bed on time to make sure they get enough sleep

Telling close friends, family, teachers, or other people about CF

**CF** Responsibilities Checklist

Name

usually does this

My child and I do this together

In each open box below, write the number that most correctly describes who is responsible for each of these actions.

l usually do this

l always do this

Does not apply to me

v.1 UNBC4118

	HIS INFORMATION MEETS THE GUIDELINES AND STANDARDS OF THE CYSTIC FIBROSIS FOUNDATION'S EDUCATION COMMITTEE	Ε.
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ages 10-15

Note: There are no right or wrong answers to this survey. Please answer as truthfully as possible. This way we can work

Date:

together to help you manage your child's CF as he/she gets older.

SUPPORT PERSO